

Senior Living and Flexible Care at San Clemente Villas by the Sea

Licensed by the State of California as a Residential Care Facility for the Elderly (RCFE), San Clemente Villas by the Sea offers several levels of care for our residents, including Independent, Assisted Living and Memory Care. Our philosophy of care is based upon respect, dignity, patience, and helping residents to achieve as much independence as possible. Regardless of the care that your senior needs, San Clemente Villas will insure that your loved ones will get excellent care in an environment where they feel at home.

Our Independent and Assisted Living Care

San Clemente Villas is the premier Assisted Living facility by the sea in South Orange County. Our senior living and retirement community provides a healthy, comfortable environment for senior residents who have difficulty performing the activities of daily living. Our residents enjoy a beautiful community that includes access to nutritious gourmet dining, activities center, theater, computer room and library, pool & spa, as well as, comfortable outdoor patio areas for important social interaction.

Our services and care facilitate as much independence as possible, while providing assistance for older adults who need help with dressing, bathing, taking medications, healthy nutrition, exercise and other daily chores.

Varying Levels of Care for Assisted Living Residents

Because individuals are unique, our approach to Assisted Living care for any individual is also unique. We customize the individual care for each resident in order to help them adjust to their new surroundings, and to encourage the most independent lifestyle possible.

By providing a custom approach for each individual, we seek to satisfy both needs and desires of the family and, of course, the senior resident. This philosophy is carried out on a daily basis, where seniors appreciate the ability to make choices that provide their own fulfillment and families are able to interact with us to help make decisions as needs evolve. In any case, we aim to simplify or eliminate many of our residents' daily challenges and chores, so that they can fully appreciate and enjoy life.

In every task, our staff strives to help in management of our senior residents' changing needs, by.

- Listening to our residents and soliciting input from family members
- Recognizing those services and offerings that are essential
- Integrating the additional items that seniors and families "desire"
- Always respecting the residents' and family's preferences

As situations change, specific programs and services can be added to the resident's care as needed. San Clemente Villas is committed to delivering exceptional care and will provide Assisted Living services as part of an over all offering of "care-as-needed". Contact us to learn more about our levels of care, Assisted Living services, or to schedule a tour.

Extended Care & Memory Care

Our secure *West Indies Extended Care Unit* provides the highest level of care for residents with Alzheimer's or dementia-related disorders and other extensive care needs.

Many of our highly trained staff specialize in dementia and Alzheimer's care. We can help your family and your loved one deal with the difficult lifestyle changes dictated by these circumstances. If you have a loved one or parent dealing with memory problems, Parkinson's disease, or Alzheimer's, our retirement community will ensure they have a safe, comfortable place to live, while fostering a healthier lifestyle than they might otherwise experience.

In addition to an array of typical Assisted Living services and care, our *West Indies Extended Care Unit* accommodations include...

- Apartments and Assisted Living services developed especially for patients with memory loss due to Alzheimer's, Parkinson's disease, or other conditions;
- Extra protection and additional security for patients who wander, including alarm systems;
- Exceptional physical and mental exercise programs

Call us to discuss your needs, wishes, questions and concerns.



San Clemente Villas
BY THE SEA

San Clemente Villas by the Sea, 660 Camino de los Mares, San Clemente, CA 92673

Tel: (949) 489-3400

Fax: (949) 218-5734

Email: www.sanclementevillas.com

State of California RCFE License # 306001485